

How to Safely Wear and Take Off a Cloth Face Covering

A face covering should fit snuggly and entirely cover your mouth and nose.

Wearing a Face Covering



Wash your hands before putting on your face covering. Put it over your nose and mouth and secure it under your chin. Try to fit it snugly against the sides of your face. Make sure you can breathe easily. Don't put the covering around your neck or up on your forehead. Don't touch the face covering, and, if you do, clean your hands. Do not place a mask on a child younger than 2.

Removing a Face Covering



Untie the strings behind your head or stretch the ear loops. Handle only by the ear loops or ties. Fold outside corners together. Wash your face covering after each use. Wash your hands with soap and water.